

Lesson Plan Successful Students

Grade 5

Lesson Plan: Successful Students, part 1

School: Skyview Upper Elementary

Grade Level: 5

Domain: Academic

National School Counseling Standards:

Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.

Competency:

A:A1: Improve Academic Self Concept

 A:A1.5: Identify attitudes and behaviors that lead to successful learning

A:A2: Acquire Skills for Improving Learning

 A:A2.1 Apply time management and task management skills

 A:A2.4: Apply knowledge and learning styles to positively influence school performance.

State Learning Standards:

16:Student Interpersonal Skills

16.1 Self-Awareness and Self-Management

 16.1.5.D: Describe the effect of goal setting on self and others.

Common Core Standards:

METS Standards:

standard 1: Creativity and Innovation

 Publication, RIF 4

Standard 3: Research and Information Fluency

 Information Retrieval, RIF 1, 2, 3

 Digital Resources, RIF 4,6

Resources and Materials: Study Tips handouts, 5 groups, pre / post quiz, study skills self -assessment questions, YES NO signs for room, Study Skills Bingo game

Lesson plan/procedure:

1. The Counselor introduces the class to the topic by asking students what they want to be when they grow up, and how they think they can accomplish that goal.
2. The Counselor asks students what activities at school or related to their education can they engage in NOW that will help them later.
3. Counselor instructs students that they are now going to get up and walk to either the left or right side of the room to indicate their answer YES or NO to a series of 10 questions. This is a study skills self- assessment activity.
4. Counselor asks the 10 questions, watching students move from YES to NO spots in the room accordingly.
5. Counselor hands out the pre/post test worksheet to students and asks students to complete ONLY question 1 (pre quiz).

6. Counselor passes out bingo cards and a bag of bingo markers to each student. The counselor leads students in a game of bingo, except students are spelling STUDY instead of BINGO and call out “STUDY” when they get five in a row, up, down or diagonally.
7. Counselor presents winner with a small reward for the winner of the STUDY bingo game. (pencil)
8. Counselor collects the bingo cards and markers.
9. Students are asked to complete the post quiz section of their handouts, questions 2 and 3.
10. Counselor asks students what study skill they would be willing to do more of or try for the first time for their next test. Students share answers out loud.

For further discussion:

Who's responsible for your success?

How are your current study skills/test taking strategies/time management/organizational techniques working for you?

How can one improve in the use of these skills to be a successful student?

Additional Resources:

Adapted from <http://missouricareereducation.org/curr/cmd/guidanceplacementG/elearning/>.

Extension Activities:

Counselor hands out Study Tip handouts (Homework, Tests, Classroom, Attitudes, and Preparation and Organization) to all students and reviews the information with the class. Students get into smaller groups to review their assigned sections and make a poster or an advertisement / skit representing their section.

Evaluation methods:

Options include participation in discussion, participation in self-assessment “walk”, Completion of pre/post handouts.